

**GOING TO EXTREMES TO HAVE A BABY**

*Plus:* ACHENBACH'S INVESTMENT GUIDE FOR IDIOTS

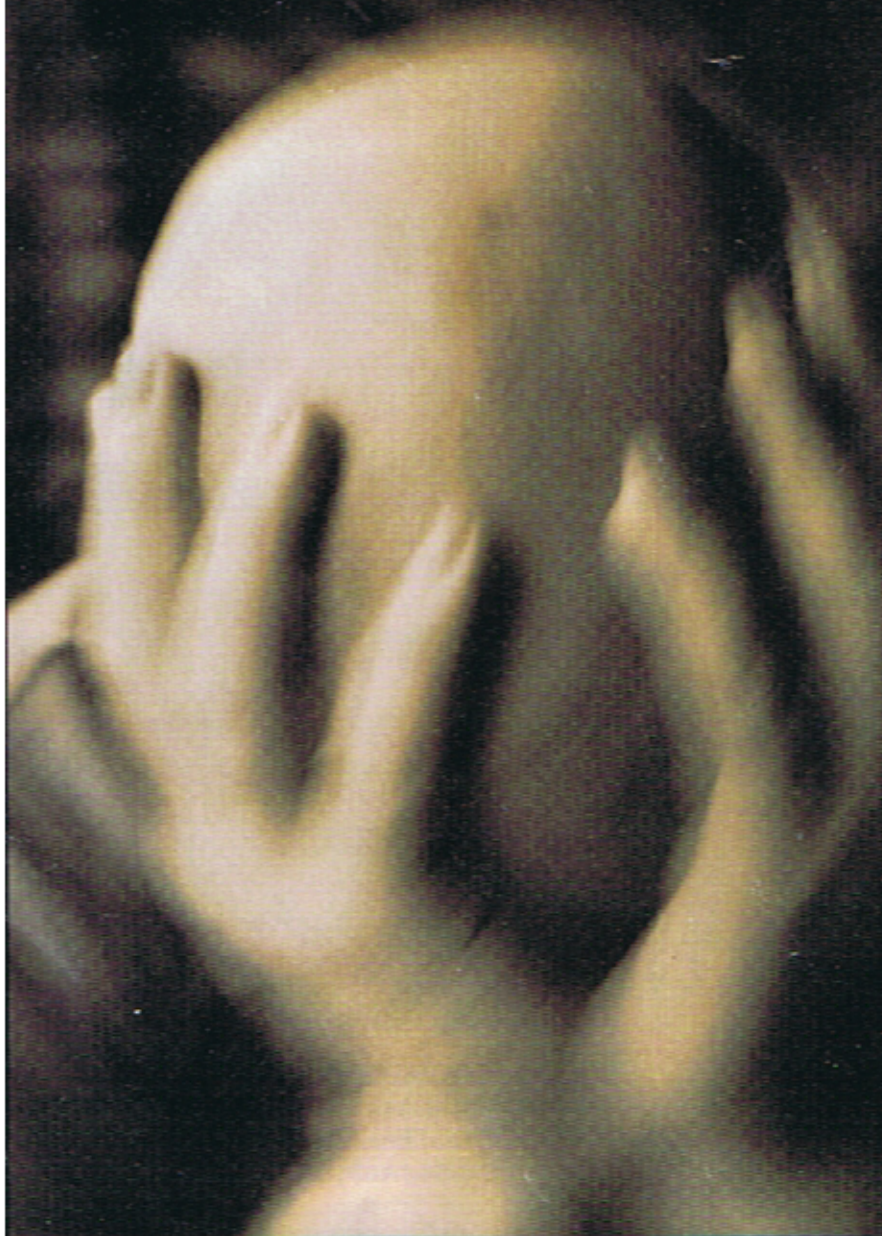
# The Washington Post Magazine

JANUARY 14, 2007

## THOUGHT WARS

One thing is certain about the emerging subculture of self-described mind-control victims: Their agony is real

*By* SHARON WEINBERGER





# MIND GAMES

NEW ON THE INTERNET: A COMMUNITY OF PEOPLE WHO BELIEVE THE GOVERNMENT IS BEAMING VOICES INTO THEIR MINDS. THEY MAY BE CRAZY, BUT THE PENTAGON HAS PURSUED A WEAPON THAT CAN DO JUST THAT. *By* SHARON WEINBERGER

**IF HARLAN GIRARD IS CRAZY, HE DOESN'T ACT THE PART.** He is standing just where he said he would be, below the Philadelphia train station's World War II memorial — a soaring statue of a winged angel embracing a fallen combatant, as if lifting him to heaven. Girard is wearing pressed khaki pants, expensive-looking leather loafers and a crisp blue button-down. He looks like a local businessman dressed for a casual Friday — a local businessman with a wickedly dark sense of humor, which had become apparent when he said to look for him beneath “the angel sodomizing a dead soldier.” At 70, he appears robust and healthy — not the slightest bit disheveled or unusual-looking. He is also carrying a bag.

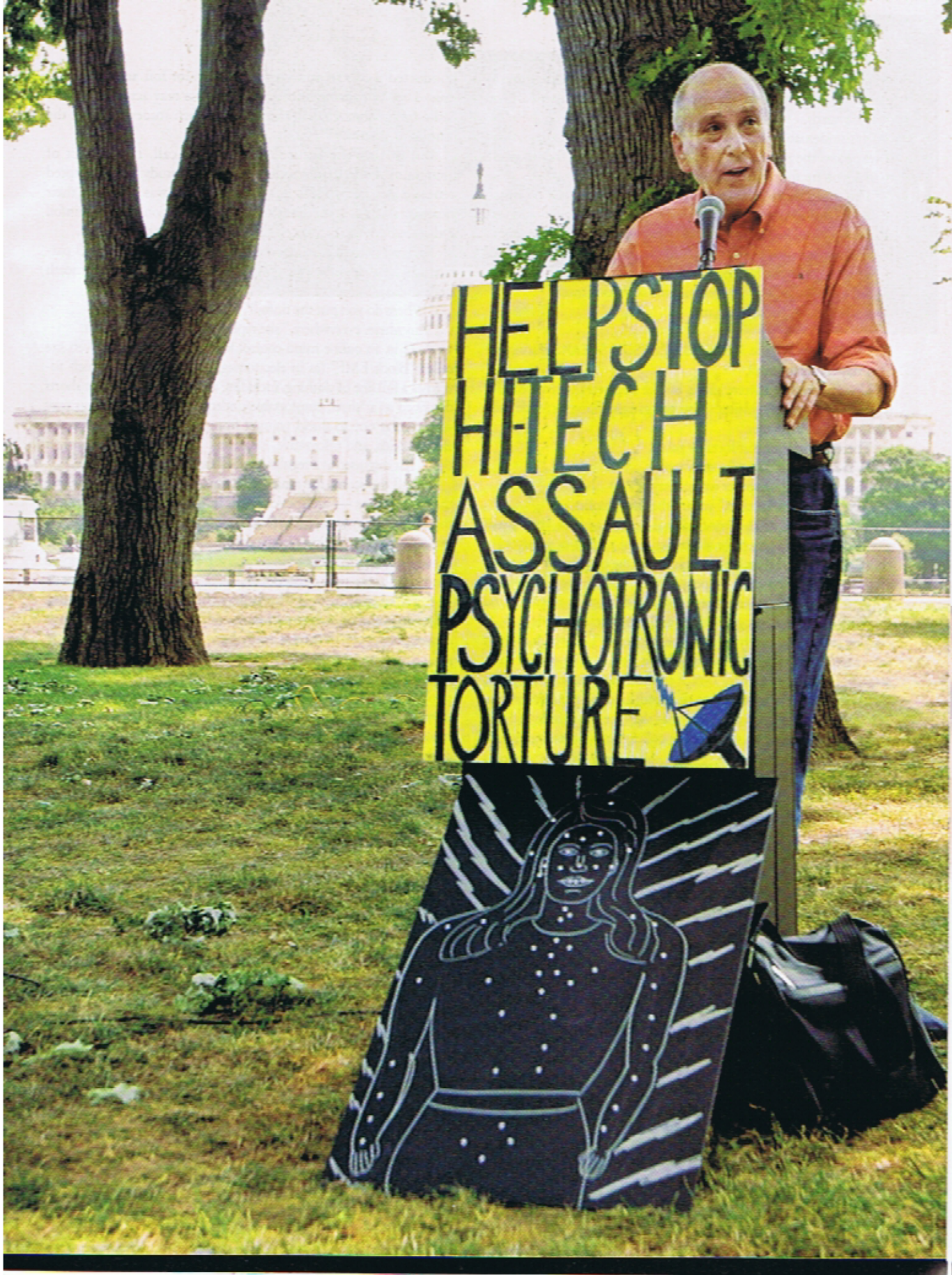
Girard's description of himself is matter-of-fact, until he explains what's in the bag: documents he believes prove that the government is attempting to control his mind. He carries that black, weathered bag everywhere he goes. “Every time I go out, I'm prepared to come home and find everything is stolen,” he says.

The bag aside, Girard appears intelligent and coherent. At a table in front of Dunkin' Donuts inside the train station, Girard opens the bag and pulls out a thick stack of documents, carefully labeled and sorted with yellow sticky notes bearing neat block print. The documents are an authentic-looking mix of news stories, articles culled from military journals and even some declassified national

Harlan Girard rallies the believers at a gathering on the Mall in June.

PHOTOGRAPH BY DAVID S. HOLLOWAY/GETTY IMAGES







security documents that do seem to show that the U.S. government has attempted to develop weapons that send voices into people's heads.

"It's undeniable that the technology exists," Girard says, "but if you go to the police and say, 'I'm hearing voices,' they're going to lock you up for psychiatric evaluation."

The thing that's missing from his bag — the lack of which makes it hard to prove he isn't crazy — is even a single document that would buttress the implausible notion that the government is currently targeting a large group of American citizens with mind-control technology. The only direct evidence for that, Girard admits, lies with alleged victims such as himself.

And of those, there are many.

**IT'S 9:01 P.M. WHEN THE FIRST PERSON SPEAKS** during the Saturday conference call.

Unsure whether anyone else is on the line yet, the female caller throws out the first question: "You got gang stalking or V2K?" she asks no one in particular.

There's a short, uncomfortable pause.

"V2K, really bad. 24-7," a man replies.

"Gang stalking," another woman says.

"Oh, yeah, join the club," yet another man replies.

The members of this confessional "club" are not your usual victims. This isn't a group for alcoholics, drug addicts or survivors of childhood abuse; the people connecting on the call are self-described victims of mind control — people who believe they have been targeted by a secret government program that tracks them around the clock, using technology to probe and control their minds.

The callers frequently refer to themselves as TIs, which is short for Targeted Individuals, and talk about V2K — the official military abbreviation stands for "voice to skull" and denotes weapons that beam voices or sounds into the head. In their esoteric lexicon, "gang stalking" refers to the belief that they are being followed and harassed: by neighbors, strangers or colleagues who are agents for the government.

A few more "hellos" are exchanged, interrupted by beeps signaling late arrivals: Bill from Columbus, Barbara from Philadelphia, Jim from California and a dozen or so others. Derrick Robinson, the conference call moderator, calls order.

"It's five after 9," says Robinson, with the sweetly reasonable intonation of a late-night radio host. "Maybe we should go ahead and start."

**THE IDEA OF A GROUP OF PEOPLE CONVINCED THEY ARE TARGETED BY WEAPONS** that can invade their minds has become a cultural joke, short-handed by the image of solitary lunatics wearing tinfoil hats to deflect invisible mind beams. "Tinfoil hat," says Wikipedia, has become "a popular stereotype and term of derision; the phrase serves as a byword for paranoia and is associated with conspiracy theorists."

In 2005, a group of MIT students

conducted a formal study using aluminum foil and radio signals. Their surprising finding: Tinfoil hats may actually amplify radio frequency signals. Of course, the tech students meant the study as a joke.

But during the Saturday conference call, the subject of aluminum foil is deadly serious. The MIT study had prompted renewed debate; while a few TIs realized it was a joke at their expense, some saw the findings as an explanation for why tinfoil didn't seem to stop the voices. Others vouched for the material.

"Tinfoil helps tremendously," reports one conference call participant, who describes wrapping it around her body underneath her clothing.

"Where do you put the tinfoil?" a man asks.

"Anywhere, everywhere," she replies. "I even put it in a hat."

A TI in an online mind-control forum recommends a Web site called "Block EMF" (as in electromagnetic frequencies), which advertises a full line of clothing, including aluminum-lined boxer shorts described as a "sheer, comfortable undergarment you can wear over your regular one to shield yourself from power lines and computer electric fields, and microwave, radar, and TV radiation." Similarly, a tinfoil hat disguised as a regular baseball cap is "smart and subtle."

For all the scorn, the ranks of victims — or people who believe they are victims — are speaking up. In the course of the evening, there are as many as 40 clicks from people joining the call, and much larger numbers participate in the online forum, which has 143 members. A note there mentioning interest from a journalist prompted more than 200 e-mail responses.

Until recently, people who believe the government is beaming voices into their heads would have added social isolation to their catalogue of woes. But now, many have discovered hundreds, possibly thousands, of others just like them all over the world. Web sites dedicated to electronic harassment and gang stalking have popped up in India, China, Japan, South Korea, the United Kingdom, Russia and elsewhere. Victims have begun to host support meetings in major cities, including Washington. Favorite topics at the meetings include lessons on how to build shields (the proverbial tinfoil hats), media and PR training, and possible legal







**"IF YOU GO TO THE POLICE AND SAY,  
'I'M HEARING VOICES,' THEY'RE GOING TO LOCK  
YOU UP," SAYS HARLAN GIRARD.**

Those joining Girard, opposite page, at the rally are, from left, TI John McMurtry; Kassie DeAngelis, there to support her mother, TI Denise Hixenbaugh; and TI David Beach.

strategies for outlawing mind control.

The biggest hurdle for TIs is getting people to take their concerns seriously. A proposal made in 2001 by Rep. Dennis Kucinich (D-Ohio) to ban "psychotronic weapons" (another common term for mind-control technology) was hailed by TIs as a great step

forward. But the bill was widely derided by bloggers and columnists and quickly dropped.

Doug Gordon, Kucinich's spokesman, would not discuss mind control other than to say the proposal was part of broader legislation outlawing weapons in space. The bill was later reintroduced, minus the mind control. "It was not the concentration of the legislation, which is why it was tightened up and redrafted," was all Gordon would say.

Unable to garner much support from their elected representatives, TIs have started their own PR campaign. And so, last spring, the Saturday conference calls centered on plans to hold a rally in Washington. A 2005 attempt at a rally drew a few dozen people and was ultimately rained out; the TIs were determined to make another go of it. Conversations focused around designing T-shirts, setting up congressional appointments, fundraising, creating a new Web site and formalizing a slogan. After some debate over whether to focus on gang stalking or mind control, the group came up with a compromise slogan that covered both: "Freedom From Covert Surveillance and Electronic Harassment."

Conference call moderator Robinson, who says his gang stalking began when he worked at the National Security Agency in the 1980s, offers his assessment of the group's prospects: Maybe this rally wouldn't produce much press, but it's a first step. "I see this as a movement," he says. "We're picking up people all the time."

**HARLAN GIRARD SAYS HIS PROBLEMS BEGAN IN 1983,** while he was a real estate developer in Los Angeles. The harassment was subtle at first: One day a woman pulled up in a car, wagged her

finger at him, then sped away; he saw people running underneath his window at night; he noticed some of his neighbors seemed to be watching him; he heard someone moving in the crawl space under his apartment at night.

Girard sought advice from this then-girlfriend, a practicing psychologist, whom he declines to identify. He says she told him, "Nobody can become psychotic in their late 40s." She said he didn't seem to manifest other symptoms of psychotic behavior — he dressed well, paid his bills — and, besides his claims of surveillance, which sounded paranoid, he behaved normally. "People who are psychotic are socially isolated," he recalls her saying.

After a few months, Girard says, the harassment abruptly stopped. But the respite didn't last. In 1984, appropriately enough, things got seriously weird. He'd left his real estate career to return to school at the University of Pennsylvania, where he was studying for a master's degree in landscape architecture. He harbored dreams of designing parks and public spaces. Then, he says, he began to hear voices. Girard could distinguish several different male voices, which came complete with a mental image of how the voices were being generated: from a recording studio, with "four slops sitting around a card table drinking beer," he says.

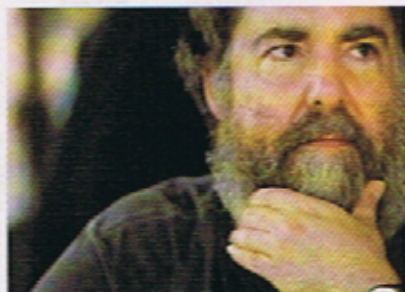
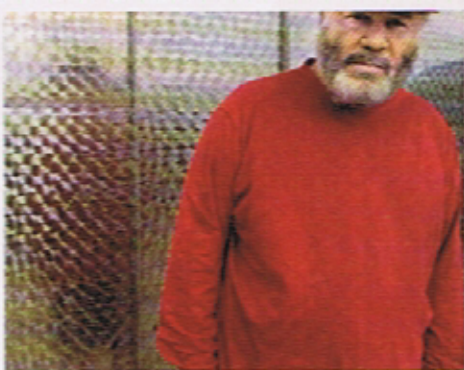
The voices were crass but also strangely courteous, addressing him as "Mr. Girard."

They taunted him. They asked him if he thought he was normal; they suggested he was going crazy. They insulted his classmates: When an overweight student showed up for a field trip in a white raincoat, they said, "Hey, Mr. Girard, doesn't she look like a refrigerator?"

Six months after the voices began, they had another question for him: "Mr. Girard, Mr. Girard. Why aren't you dead yet?" At first, he recalls, the voices would speak just two or three times a day, but it escalated into a near-constant cacophony, often accompanied by severe pain all over his body — which Girard now attributes to directed-energy weapons that can shoot invisible beams.

The voices even suggested how he could figure out what was happening to him. He says they told him to go to the electrical





ON THE BLOCK EMF WEB SITE, A TINFOIL  
HAT DISGUISED AS A REGULAR BASEBALL CAP IS  
DESCRIBED AS "SMART AND SUBTLE."

engineering department to "tell them you're writing science fiction and you don't want to write anything inconsistent with physical reality. Then tell them exactly what has happened."

Girard went and got some rudimentary explanations of how technology could explain some of the things he was describing.

"Finally, I said: 'Look, I must come to the point, because I need answers. This is happening to me; it's not science fiction.'" They laughed.

He got the same response from friends, he says. "They regarded me as crazy, which is a humiliating experience."

When asked why he didn't consult a doctor about the voices and the pain, he says, "I don't dare start talking to people because of the potential stigma of it all. I don't want to be treated differently. Here I was in Philadelphia. Something was going on, I don't know any doctors... I know somebody's doing something to me."

It was a struggle to graduate, he says, but he was determined, and he persevered. In 1988, the same year he finished his degree, his father died, leaving Girard an inheritance large enough that he did not have to work.

So, instead of becoming a landscape architect, Girard began a full-time investigation of what was happening to him, often traveling to Washington in pursuit of government documents relating to mind control. He put an ad in a magazine seeking other victims. Only a few people responded. But over the years, as he met more and more people like himself, he grew convinced that he was part of what he calls an "electronic concentration camp."

What he was finding on his research trips also buttressed his belief: Girard learned that in the 1950s, the CIA had drugged unwitting victims with LSD as part of a rogue mind-control experiment called MK-ULTRA. He came across references to the CIA seeking to influence the mind with electromagnetic fields. Then he found references in an academic research book to work that military researchers at Walter Reed Army Institute of Research had done in the 1970s with pulsed microwaves to transmit words that a subject would hear in his head. Elsewhere, he came across references to attempts to use electromagnetic energy, sound waves or microwave beams to cause non-lethal pain to the body. For every symptom he experienced, he believed he found references to a weapon that could cause it.

How much of the research Girard cites checks out?

Concerns about microwaves and mind control date to the 1960s, when the U.S. government discovered that its embassy in Moscow was being bombarded by low-level electromagnetic radiation. In 1965, according to declassified Defense Department documents, the Pentagon, at the behest of the White House, launched Project Pandora, top-secret research to explore the behavioral and biological effects of low-level microwaves. For approximately four years, the Pentagon conducted secret research: zapping monkeys; exposing unwitting sailors to microwave radiation; and conducting a host of other unusual experiments (a sub-project of Project Pandora was titled Project Bizarre). The results were mixed, and the program was plagued by disagreements and scientific squabbles. The "Moscow signal," as it was called, was eventually attributed to eavesdropping, not mind control, and Pandora ended in 1970. And with it, the military's research into so-called non-thermal microwave effects seemed to die out, at least in the unclassified realm.

But there are hints of ongoing research: An academic paper written for the Air Force in the mid-1990s mentions the idea of a weapon that would use sound waves to send words into a person's head. "The signal can be a 'message from God' that can warn the enemy of impending doom, or encourage the enemy to surrender," the author concluded.

In 2002, the Air Force Research Laboratory patented precisely such a technology: using microwaves to send words into someone's head. That work is frequently cited on mind-control Web sites. Rich Garcia, a spokesman for the research laboratory's directed energy directorate, declined to discuss that patent or current or related research in the field, citing the lab's policy not to comment on its microwave work.

In response to a Freedom of Information Act request filed for this article, the Air Force released unclassified documents surrounding that 2002 patent — records that note that the patent was based on human experimentation in October 1994 at the Air Force lab, where

Above, Tis at a mind control rally in San Diego in April.

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## Mind Games

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scientists were able to transmit phrases into the heads of human subjects, albeit with marginal intelligibility. Research appeared to continue at least through 2002. Where this work has gone since is unclear — the research laboratory, citing classification, refused to discuss it or release other materials.

The official U.S. Air Force position is that there are no non-thermal effects of microwaves. Yet Dennis Bushnell, chief scientist at NASA's Langley Research Center, tagged microwave attacks against the human brain as part of future warfare in a 2001 presentation to the National Defense Industrial Association about "Future Strategic Issues."

"That work is exceedingly sensitive" and unlikely to be reported in any unclassified documents, he says.

Meanwhile, the military's use of weapons that employ electromagnetic radiation to create pain is well-known, as are some of the limitations of such weapons. In 2001, the Pentagon declassified one element of this research: the Active Denial System, a weapon that uses electromagnetic radiation to heat skin and create an intense burning sensation. So, yes, there is technology designed to beam painful invisible rays at humans, but the weapon seems to fall far short of what could account for many of the TIs' symptoms. While its exact range is classified, Doug Beason, an expert in directed-energy weapons, puts it at about 700 meters, and the beam cannot penetrate a number of materials, such as aluminum. Considering the size of the full-scale weapon, which resembles a satellite dish, and its operational limitations, the ability of the government or anyone else to shoot beams at hundreds of people — on city streets, into their homes and while they travel in cars and planes — is beyond improbable.

But, given the history of America's clandestine research, it's reasonable to assume that if the defense establishment *could* develop mind-control or long-distance ray weapons, it almost certainly would. And, once developed, that they might be tested on innocent civilians could not be categorically dismissed.

Girard, for his part, believes these weapons were not only developed but were also tested on him more than 20 years ago.

What would the government gain by torturing him? Again, Girard found what he believed to be an explanation, or at least a precedent: During the Cold War, the government conducted radiation experiments



"ONE NIGHT A VOICE SAYS: 'MR. GIRARD,  
DO YOU KNOW WHO WAS IN OUR STUDIO WITH  
US? THAT WAS GEORGE BUSH.'"

on scores of unwitting victims, essentially using them as human guinea pigs. Girard came to believe that he, too, was a walking experiment.

Not that Girard thinks his selection was totally random: He believes he was targeted because of a disparaging remark he made to a Republican fundraiser about George H.W. Bush in the early 1980s. Later, Girard says, the voices confirmed his suspicion.

"One night I was going to bed; the usual drivel was going on," he says. "The constant stream of drivel. I was just about to go to bed, and a voice says: 'Mr. Girard, do you know who was in our studio with us? That was George Bush, vice president of the United States.'"

**GIRARD'S STORY, HOWEVER STRANGE,** reflects what TIs around the world report: a chance encounter with a government agency or official, followed by surveillance and gang stalking, and then, in many cases, voices, and pain similar to electric shocks. Some in the community have taken it upon themselves to document as many cases as possible. One TI from California conducted about 50 interviews, narrowing the symptoms down to several major areas: "ringing in the ears," "manipulation of body parts," "hearing voices," "piercing sensation on skin," "sinus problems" and "sexual attacks." In fact, the TI continued, "many report the sensation of having their genitalia manipulated."

Both male and female TIs report a variety of "attacks" to their sexual organs. "My testicles became so sore I could barely walk," Girard says of his early experiences. Others, however, report the attacks in the form of sexual stimulation, including one TI who claims he dropped out of the seminary after constant sexual stimulation by directed-energy weapons. Susan Sayler, a TI in San Diego, says many women among the TIs suffer from attacks to their sexual organs but are often embarrassed to talk about it with outsiders.

"It's sporadic, you just never know when it will happen," she says. "A lot of

the women say it's as soon as you lay down in bed — that's when you would get hit the worst. It happened to me as I was driving, at odd times."

What made her think it was an electronic attack and not just in her head? "There was no sexual attraction to a man when it would happen. That's what was wrong. It did not feel like a muscle spasm or whatever," she says. "It's so . . . electronic."

**GLORIA NAYLOR, A RENOWNED AFRICAN AMERICAN WRITER,** seems to defy many of the stereotypes of someone who believes in mind control. A winner of the National Book Award, Naylor is best known for her acclaimed novel, *The Women of Brewster Place*, which described a group of women living in a poor urban neighborhood and was later made into a miniseries by Oprah Winfrey.

But in 2005, she published a lesser-known work, *1996*, a semi-autobiographical book describing her experience as a TI. "I didn't want to tell this story. It's going to take courage. Perhaps more courage than I possess, but they've left me no alternatives," Naylor writes at the beginning of her book. "I am in a battle for my mind. If I stop now, they'll have won, and I will lose myself." The book is coherent, if hard to believe. It's also marked by disturbing passages describing how Jewish American agents were responsible for Naylor's surveillance. "Of the many cars that kept coming and going down my road, most were driven by Jews," she writes in the book. When asked about that passage in a recent interview, she defended her logic: Being from New York, she claimed, she can recognize Jews.

Naylor lives on a quiet street in Brooklyn in a majestic brownstone with an interior featuring intricate woodwork and tasteful decorations that attest to a successful literary career. She speaks about her situation calmly, occasionally laughing at her own predicament and her struggle with what she originally thought was mental illness. "I would observe myself," she explains. "I would lie in bed while the conversations were going on,

and I'd ask: Maybe it is schizophrenia?"

Like Girard, Naylor describes what she calls "street theater" — incidents that might be dismissed by others as coincidental, but which Naylor believes were set up. She noticed suspicious cars driving by her isolated vacation home. On an airplane, fellow passengers mimicked her every movement — like mimes on a street.

Voices similar to those in Girard's case followed — taunting voices cursing her, telling her she was stupid, that she couldn't write. Expletive-laced language filled her head. Naylor sought help from a psychiatrist and received a prescription for an antipsychotic drug. But the medication failed to stop the voices, she says, which only added to her conviction that the harassment was real.

For almost four years, Naylor says, the voices prevented her from writing. In 2000, she says, around the time she discovered the mind-control forums, the voices stopped and the surveillance tapered off. It was then that she began writing *1996* as a "catharsis."

Colleagues urged Naylor not to publish the book, saying she would destroy her reputation. But she did publish, albeit with a small publishing house. The book was generally ignored by critics but embraced by TIs.

Naylor is not the first writer to describe such a personal descent. Evelyn Waugh, one of the great novelists of the 20th century, details similar experiences in *The Ordeal of Gilbert Pinfold*. Waugh's book, published in 1957, has eerie similarities to Naylor's. Embarking on a recuperative cruise, Pinfold begins to hear voices on the ship that he believes are part of a wireless system capable of broadcasting into his head; he believes the instigator recruited fellow passengers to act as operatives; and he describes "performances" put on by passengers directed at him yet meant to look innocuous to others.

Waugh wrote his book several years after recovering from a similar episode and realizing that the voices and paranoia were the result of drug-induced hallucinations.

Naylor, who hasn't written a book since *1996*, is now back at work on an historical novel she hopes will return her to the liter-



ary mainstream. She remains convinced that she was targeted by mind control. The many echoes of her ordeal she sees on the mind-control forums reassure her she's not crazy, she says.

Of course, some of the things she sees on the forum *do* strike her as crazy. "But who I am to say?" she says. "Maybe I sound crazy to somebody else."

**SOME TIS, SUCH AS ED MOORE, A YOUNG MEDICAL DOCTOR,** take a slightly more skeptical approach. He criticizes what he calls the "wacky claims" of TIs who blame various government agencies or groups of people without any proof. "I have yet to see a claim of who is behind this that has any data to support it," he writes.

Nonetheless, Moore still believes the voices in his head are the result of mind control and that the U.S. government is the most likely culprit. Moore started hearing voices in 2003, just as he completed his medical residency in anesthesiology; he was pulling an all-nighter studying for board exams when he heard voices coming from a nearby house commenting on him, on his abilities as a doctor, on his sanity. At first, he thought he was simply overhearing conversations through walls (much as Waugh's fictional alter ego first thought), but when no one else could hear the voices, he realized they were in his head. Moore went through a traumatic two years, including hospitalization for depression with auditory hallucinations.

"One tries to convince friends and family that you are being electronically harassed with voices that only you can hear," he writes in an e-mail. "You learn to stop doing that. They don't believe you, and they become sad and concerned, and it amplifies your own depression when you have voices screaming at you and your friends and family looking at you as a helpless, sick, mentally unbalanced wreck."

He says he grew frustrated with anti-psychotic medications meant to stop the voices, both because the treatments didn't work and because psychiatrists showed no interest in what the voices were telling him. He began to look for some other way to cope.

"In March of 2005, I started looking up support groups on the Internet," he wrote. "My wife would cry when she would see these sites, knowing I still heard voices, but I did not know what else to do." In 2006, he says, his wife, who had stood by him for

three years, filed for divorce.

Moore, like other TIs, is cautious about sharing details of his life. He worries about looking foolish to friends and colleagues — but he says that risk is ultimately worthwhile if he can bring attention to the issue.

With his father's financial help, Moore is now studying for an electrical engineering degree at the University of Texas at San Antonio, hoping to prove that V2K, the technology to send voices into people's heads, is real. Being in school, around other people, helps him cope, he writes, but the voices continue to taunt him.

Recently, he says, they told him: "We'll never stop [messing] with you."

**A WEEK BEFORE THE TIS RALLY ON THE NATIONAL MALL,** John Alexander, one of the people whom Harlan Girard holds personally responsible for the voices in his head, is at a Chili's restaurant in Crystal City explaining over a Philly cheese steak and fries why the United States needs mind-control weapons.

A former Green Beret who served in Vietnam, Alexander went on to a number of national security jobs, and rubbed shoulders with prominent military and political leaders. Long known for taking an interest in exotic weapons, his 1980 article, "The New Mental

living in Las Vegas, Alexander continues to advise the military. He is in the Washington area that day for an official meeting.

Beneath a shock of white hair is the mind of a self-styled military thinker. Alexander belongs to a particular set of Pentagon advisers who consider themselves defense intellectuals, focusing on big-picture issues, future threats and new capabilities. Alexander's career led him from work on sticky foam that would stop an enemy in his or her tracks to dalliances in paranormal studies and psychics, which he still defends as operationally useful.

In an earlier phone conversation, Alexander said that in the 1990s, when he took part in briefings at the CIA, there was never any talk of "mind control, or mind-altering drugs or technologies, or anything like that." According to Alexander, the military and intelligence agencies were still scared by the excesses of MK-ULTRA, the infamous CIA program that involved, in part, slipping LSD to unsuspecting victims. "Until recently, anything that smacked of [mind control] was extremely dangerous" because Congress would simply take the money away, he said.

Alexander acknowledged that "there were some abuses that took place," but added that, on the whole, "I would argue we threw the baby out with the bath water."

But September 11, 2001, changed the mood in Washington, and some in the national security community are again expressing interest in mind control, particularly a younger generation of officials who weren't around for MK-ULTRA. "It's interesting, that it's coming back," Alexander observed.

While Alexander scoffs at the notion that he is somehow part of an elaborate plot to control people's minds, he acknowledges support for learning how to tap into a potential enemy's brain. He gives as an example the possible use of functional magnetic resonance imaging, or fMRI, for lie detection. "Brain mapping" with fMRI theoretically could allow interrogators to know when someone is lying by watching for activity in particular parts of the brain. For interrogating terrorists, fMRI could come in handy, Alexander suggests.

But any conceivable use of the technique would fall far short of the kind of mind-reading TIs complain about.

Alexander also is intrigued by the possibility of using electronic means to modify behavior. The dilemma of the war on



Novelist Gloria Naylor, seen here in 1987, published a semi-autobiographical book about mind control.

Battlefield," published in the Army journal *Military Review*, is cited by self-described victims as proof of his complicity in mind control. Now retired from the government and



terrorism, he notes, is that it never ends. So what do you do with enemies, such as those at Guantanamo: keep them there forever? That's impractical. Behavior modification could be an alternative, he says.

"Maybe I can fix you, or electronically neuter you, so it's safe to release you into society, so you won't come back and kill me," Alexander says. It's only a matter of time before technology allows that scenario to come true, he continues. "We're now getting to where we can do that." He pauses for a moment to take a bite of his sandwich. "Where does that fall in the ethics spectrum? That's a really tough question."

When Alexander encounters a query he doesn't want to answer, such as one about the ethics of mind control, he smiles and raises his hands level to his chest, as if balancing two imaginary weights. In one hand is mind control and the sanctity of free thought — and in the other hand, a tad higher — is the war on terrorism.

But none of this has anything to do with the TIs, he says. "Just because things are secret, people tend to extrapolate. Common sense does not prevail, and even when you point out huge leaps in logic that just cannot be true, they are not dissuaded."

**WHAT IS IT THAT BRINGS SOMEONE, EVEN AN INTELLIGENT PERSON,** to ascribe the experience of hearing disembodied voices to government weapons?

In her book, *Abducted*, Harvard psychologist Susan Clancy examines a group that has striking parallels to the TIs: people who believe they've been kidnapped by aliens. The similarities are often uncanny: Would-

be abductees describe strange pains, and feelings of being watched or targeted. And although the alleged abductees don't generally have auditory hallucinations, they do sometimes believe that their thoughts are controlled by aliens, or that they've been implanted with advanced technology.

(On the online forum, some TIs posted vociferous objections to the parallel, concerned that the public finds UFOs even weirder than mind control. "It will keep us all marginalized and discredited," one griped.)

Clancy argues that the main reason people believe they've been abducted by aliens is that it provides them with a compelling narrative to explain their perception that strange things have happened to them, such as marks on their bodies (marks others would simply dismiss as bruises), stimulation to their sexual organs (as the TIs describe) or feelings of paranoia. "It's not just an explanation for your problems; it's a source of meaning for your life," Clancy says.

In the case of TIs, mind-control weapons are an explanation for the voices they hear in their head. Socrates heard a voice and thought it was a demon; Joan of Arc heard voices from God. As one TI noted in an e-mail: "Each person undergoing this harassment is looking for the solution to the problem. Each person analyzes it through his or her own particular spectrum of beliefs. If you are a scientific-minded person, then you will probably analyze the situation from that perspective and conclude it must be done with some kind of electronic devices. If you are a religious person, you will see it as a struggle between the elements of whatever

religion you believe in. If you are maybe, perhaps more eccentric, you may think that it is alien in nature."

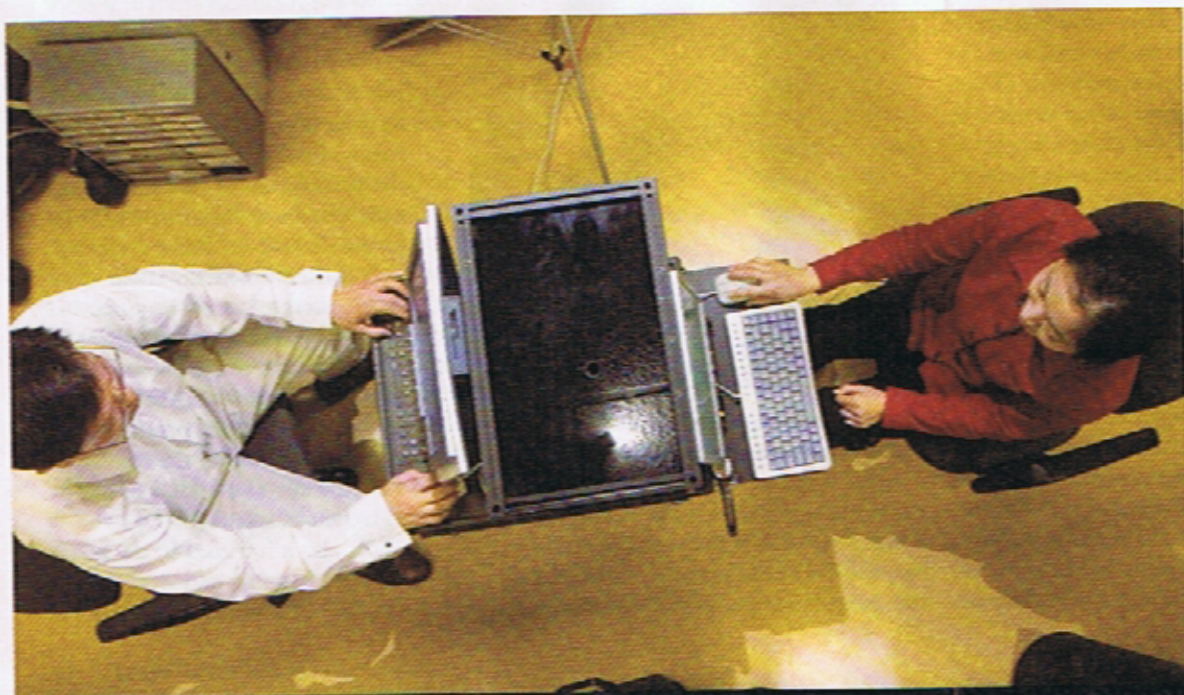
Or, if you happen to live in the United States in the early 21st century, you may fear the growing power of the NSA, CIA and FBI.

Being a victim of government surveillance is also, arguably, better than being insane. In Waugh's novella based on his own painful experience, when Pinfold concludes that hidden technology is being used to infiltrate his brain, he "felt nothing but gratitude in his discovery." Why? "He might be unpopular; he might be ridiculous; but he was not mad."

Ralph Hoffman, a professor of psychiatry at Yale who has studied auditory hallucinations, regularly sees people who believe the voices are a part of government harassment (others believe they are God, dead relatives or even ex-girlfriends). Not all people who hear voices are schizophrenic, he says, noting that people can hear voices episodically in highly emotional states. What exactly causes these voices is still unknown, but one thing is certain: People who think the voices are caused by some external force are rarely dissuaded from their delusional belief, he says. "These are highly emotional and gripping experiences that are so compelling for them that ordinary reality seems bland."

Perhaps because the experience is so vivid, he says, even some of those who improve through treatment merely decide the medical regimen somehow helped protect their brain from government weapons.

Scott Temple, a professor of psychiatry at Penn State University who has been involved in two recent studies of auditory hallucina-



At Techneet Inc. in Bethesda, scientists are trying a variety of methods, including thermal imaging of the brain, to figure out what people are thinking or feeling.



JOHN ALEXANDER IS INTRIGUED  
BY THE POSSIBILITY OF USING ELECTRONIC  
MEANS TO MODIFY BEHAVIOR.

tions, notes that those who suffer such hallucinations frequently lack insight into their illness. Even among those who do understand they are sick, "that awareness comes and goes," he says. "People feel overwhelmed, and the delusional interpretations return."

**BACK AT THE PHILADELPHIA TRAIN STATION,** Girard seems more agitated. In a meeting the week before, his "handlers" had spoken to him only briefly — they weren't in the right position to attack him, Girard surmises, based on the lack of voices. Today, his conversation jumps more rapidly from one subject to the next: victims of radiation experiments, his hatred of George H.W. Bush, MK-ULTRA, his personal experiences.

Asked about his studies at Penn, he replies by talking about his problems with reading: "I told you, everything I write they dictate to me," he says, referring again to the voices. "When I read, they're reading to me. My eyes go across; they're moving my eyes down the line. They're reading it to me. When I close the book, I can't remember a thing I read. That's why they do it."

The week before, Girard had pointed to only one person who appeared suspicious to him — a young African American man reading a book; this time, however, he hears more voices, which leads him to believe the station is crawling with agents.

"Let's change our location," Girard says after a while. "I'm sure they have 40 or 50 people in here today. I escaped their surveillance last time — they won't let that happen again."

Asked to explain the connection between mind control and the University of Pennsylvania, which Girard alleges is involved in the conspiracy, he begins to talk about defense contractors located near the Philadelphia campus: "General Electric was right next to the parking garage; General Electric Space Systems occupies a huge building right over there. From that building, you could see into the studio where I was doing my work most of the time. I asked somebody what they were doing there. You know, it had to do with computers. GE Space Systems. They were supposed to be tracking missile debris from this location . . . pardon me.

What was your question again?"

Yet many parts of Girard's life seem to reflect that of any affluent 70-year-old bachelor. He travels frequently to France for extended vacations and takes part in French cultural activities in Philadelphia. He has set up a travel scholarship at the Cleveland Institute of Art in the name of his late mother, who attended school there (he changed his last name 27 years ago for "personal reasons"), and he travels to meet the students who benefit from the fund. And while the bulk of his time is spent on his research and writing about mind control, he has other interests. He follows politics and describes outings with friends and family members with whom he doesn't talk about mind control, knowing they would view it skeptically.

Girard acknowledges that some of his experiences mirror symptoms of schizophrenia, but asked if he ever worried that the voices might in fact be caused by mental illness, he answers sharply with one word: "No."

How, then, does he know the voices are real?

"How do you know you know anything?" Girard replies. "How do you know I exist? How do you know this isn't a dream you're having, from which you'll wake up in a few minutes? I suppose that analogy is the closest thing: You know when you have a dream. Sometimes it could be perfectly lucid, but you know it's a dream."

The very "realness" of the voices is the issue — how do you disbelieve something you perceive as real? That's precisely what Hoffman, the Yale psychiatrist, points out: So lucid are the voices that the sufferers — regardless of their educational level or self-awareness — are unable to see them as anything but real. "One thing I can assure you," Hoffman says, "is that for them, it feels real."

**IT LOOKS ALMOST LIKE ANY OTHER SMALL POLITICAL RALLY IN WASHINGTON.** Posters adorn the gate on the southwest side of the Capitol Reflecting Pool, as attendees set up a table with press materials, while volunteers test a loudspeaker and set out coolers filled with bottled water. The sun

is out, the weather is perfect, and an eclectic collection of people from across the country has gathered to protest mind control.

There is not a tinfoil hat to be seen. Only the posters and paraphernalia hint at the unusual. "Stop USA electronic harassment," urges one poster. "Directed Energy Assaults," reads another. Smaller signs in the shape of tombstones say, "RIP MKULTRA." The main display, set in front of the speaker's lectern has a more extended message: "HELP STOP HI-TECH ASSAULT PSYCHOTRONIC TORTURE."

About 35 TIs show up for the June rally, in addition to a few friends and family members. Speakers alternate between giving personal testimonials and descriptions of research into mind-control technology. Most of the gawkers at the rally are foreign tourists. A few hecklers snicker at the signs, but mostly people are either confused or indifferent. The articles on mind control at the table — from mainstream news magazines — go untouched.

"How can you expect people to get worked up over this if they don't care about eavesdropping or eminent domain?" one man challenges after stopping to flip through the literature. Mary Ann Stratton, who is manning the table, merely shrugs and smiles sadly. There is no answer. Everyone at the rally acknowledges it is an uphill battle.

In general, the outlook for TIs is not good; many lose their jobs, houses and family. Depression is common. But for many at the rally, experiencing the community of mind-control victims seems to help. One TI, a man who had been a rescue swimmer in the Coast Guard before voices in his head sent him on a downward spiral, expressed the solace he found among fellow TIs in a long e-mail to another TI: "I think that the only people that can help are people going through the same thing. Everyone else will not believe you, or they are possibly involved."

In the end, though, nothing could help him enough. In August 2006, he would commit suicide.

But at least for the day, the rally is boosting TI spirits. Girard, in what for him is an ebullient mood, takes the microphone. A



small crowd of tourists gathers at the sidelines, listening with casual interest. With the Capitol looming behind him, he reaches the crescendo of his speech, rallying the attendees to remember an important thing: They are part of a single community.

"I've heard it said, 'We can't get anywhere because everyone's story is different.' We are all the same," Girard booms. "You knew someone with the power to commit you to the electronic concentration camp system."

Several weeks after the rally, Girard shows up for a meeting with a reporter at the stately Mayflower Hotel in Washington, where he has stayed frequently over the two decades he has traveled to the capital to battle mind control. He walks in with a lit cigarette, which he apologetically puts out after a hotel employee tells him smoking isn't allowed anymore. He is half an hour late — delayed, he says, by a meeting on Capitol Hill. Wearing a monogrammed dress shirt and tie, he looks, as always, serious and professional.

Girard declines to mention whom on Capitol Hill he'd met with, other than to say it was a congressional staffer. Embarrassment is likely a factor: Girard readily acknowledges that most people he meets with, ranging from

scholars to politicians, ignore his entreaties or dismiss him as a lunatic.

Lately, his focus is on his Web site, which he sees as the culmination of nearly a quarter-century of research. When completed, it will contain more than 300 pages of documents. What next? Maybe he'll move to France (there are victims there, too), or maybe the U.S. government will finally just kill him, he says.

Meanwhile, he is always searching for absolute proof that the government has decoded the brain. His latest interest is LifeLog, a project once funded by the Pentagon that he read about in *Wired* News. The article described it this way: "The embryonic LifeLog program would dump everything an individual does into a giant database: every e-mail sent or received, every picture taken, every Web page surfed, every phone call made, every TV show watched, every magazine read. All of this — and more — would combine with information gleaned from a variety of sources: a GPS transmitter to keep tabs on where that person went, audiovisual sensors to capture what he or she sees or says, and biomedical monitors to keep track of the individual's health."

Girard suggests that the government, using similar technology, has "catalogued" his life over

the past two years — every sight and sound (Evelyn Waugh, in his mind-control book, writes about his character's similar fear that his harassers were creating a file of his entire life).

Girard thinks the government can control his movements, inject thoughts into his head, cause him pain day and night. He believes that he will die a victim of mind control.

Is there any reason for optimism?

Girard hesitates, then asks a rhetorical question.

"Why, despite all this, why am I the same person? Why am I Harlan Girard?"

For all his anguish, be it the result of mental illness or, as Girard contends, government mind control, the voices haven't managed to conquer the thing that makes him who he is: Call it his consciousness, his intellect or, perhaps, his soul.

"That's what they don't yet have," he says. After 22 years, "I'm still me." □

Sharon Weinberger is a Washington writer and author of *Imaginary Weapons: A Journey Through the Pentagon's Scientific Underworld*. She will be fielding questions and comments about this article Tuesday at [washingtonpost.com/liveonline](http://washingtonpost.com/liveonline).

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